



THE FUNDING NETWORK AUSTRALIA

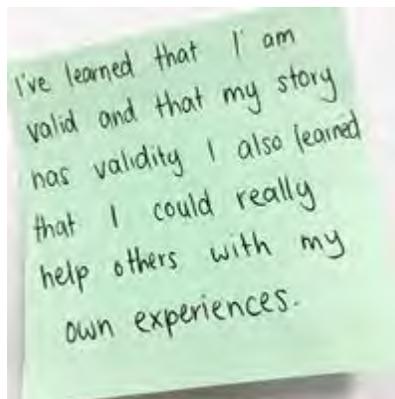
Application Form

Date and location of the TFN event you are applying for
Sydney, Wednesday 1 March 2017

Your organisation name
batyr Australia Ltd

ABN number
51152952737

Organisation website
www.batyr.com.au



What year was your organisation established?
2,011

Twitter page

<https://twitter.com/batyraus>

Twitter Handle

@batyrAus

Facebook Page

<https://www.facebook.com/BatyrAus>

Presenter name

Sebastian Robertson



Presenter's short biography

Sebastian started Batyr at aged 25 after experiencing the frustration and isolation of living silently with mental ill health while at university and recognised that it was time to open honest conversations about mental health with young people. He wanted to give young people a voice, the courage and conviction to share stories of triumph over mental illness.

Describe your organisation and what you do

batyr aims to smash the stigma surrounding mental ill health through young people sharing their personal lived experiences as part of structured programs delivered at schools and universities. By doing so batyr hope to increase the help seeking rate of young Australians empowering them to reach out for support when needed.

Outline the social issues that you are primarily working to address.

Significantly suicide is the leading course of death in young adults aged 15 to 44 and despite 1 in 4 young people suffering a mental health issue by the end of adolescence, mental health issues are not openly discussed and remain the 'elephant in the room'. Mental ill health holds a stigma that prevents open and frank exchanges and is a barrier to young people seeking help.

Core team members of your organisation

Board

Sebastian Robertson – Chairman, Founder of batyr,

Matt Nacard

Sally Manion

Hannah Rose

Dr. Michelle Blanchard

Simon Anquetil

Sam Barrett

Team

Sam Refshauge CEO

Nic Brown - National Program manager

Jono Peatfield - Partnership Manager

Jenya Kalagurdevic - Marketing, Media and Communications manager

Dr Tim Sharp - Chief Happiness Officer

Describe the activity you want to use \$15k for, either as part of your operations or a specific program.

The 'Being Herd workshop' takes small groups (7-10 participants) between the ages of 18-30 years and teaches them how to share their lived-experience of mental ill-health in a positive and supportive environment. The speakers are at the core of batyr's programs and the 220 speakers trained to date have allowed batyr to connect with over 48,000 young people across the country.

By sharing their stories they are able to start positive conversations about mental health creating a more positive environment for those coping with mental ill health.

How much will this activity cost in total, and therefore how much would \$15k from TFN contribute?

Each program costs batyr \$10,000 to run, therefore \$15k would allow us to run 1.5 programs (or 2 programs if we manage to raise \$20k :))

The \$10k includes a free 2 day intensive workshop as well as ongoing training and development for those speakers (approx. 30%) who wish to talk at schools as part of our educational programs.

Who are the beneficiaries of your organisation's work?

The Being Herd program engages young adults between the ages of 18 and 30. These speakers then share their stories through structured batyr programs targeted at two specific audiences; high school children in years 9 – 12 (aged 14 to 18) and university students between the ages of 17 and 26.

How many people would \$15k impact and what difference would it make to their lives?

\$15k allows batyr to train 12-15 young people through the workshop, for every speaker that is developed (approx. 30% of participants become speakers) they will each reach approximately 850-1100 young people through school & university programs. Therefore the \$15k has the potential to positively impact the lives of over 4,000 young people with our speakers messages of hope and resilience.

What are the expected outcomes and how will you measure them?

- To see an increased level of confidence in participants for sharing stories by the end of the workshop
- Participants will leave the workshop equipped with the skills to share their story in a safe way for themselves and for a range of audiences
- Identification of perceived fears and expectations of sharing their lived-experience. The program will minimise these fears and the meet all expectations.
- To see 30% or more participants from each workshop go on to become speakers at school & uni programs
- Participants will develop their ability to share their lived-experience with friends, family, colleagues and the broader community.

What in-kind services or goods do you need (not including funding or fundraising)?

batyr would love support from anyone who can introduce us to universities, helping us to increase our reach.

We are also in the process of reviewing our systems and trying to streamline our processes through Salesforce and Confluence so if anyone has experience in these areas or can introduce us to people who may be able to assist in development and improvement.